A comparison between traditional bullying and cyberbullying

Ages 16+

THE CYBERSMILE FOUNDATION

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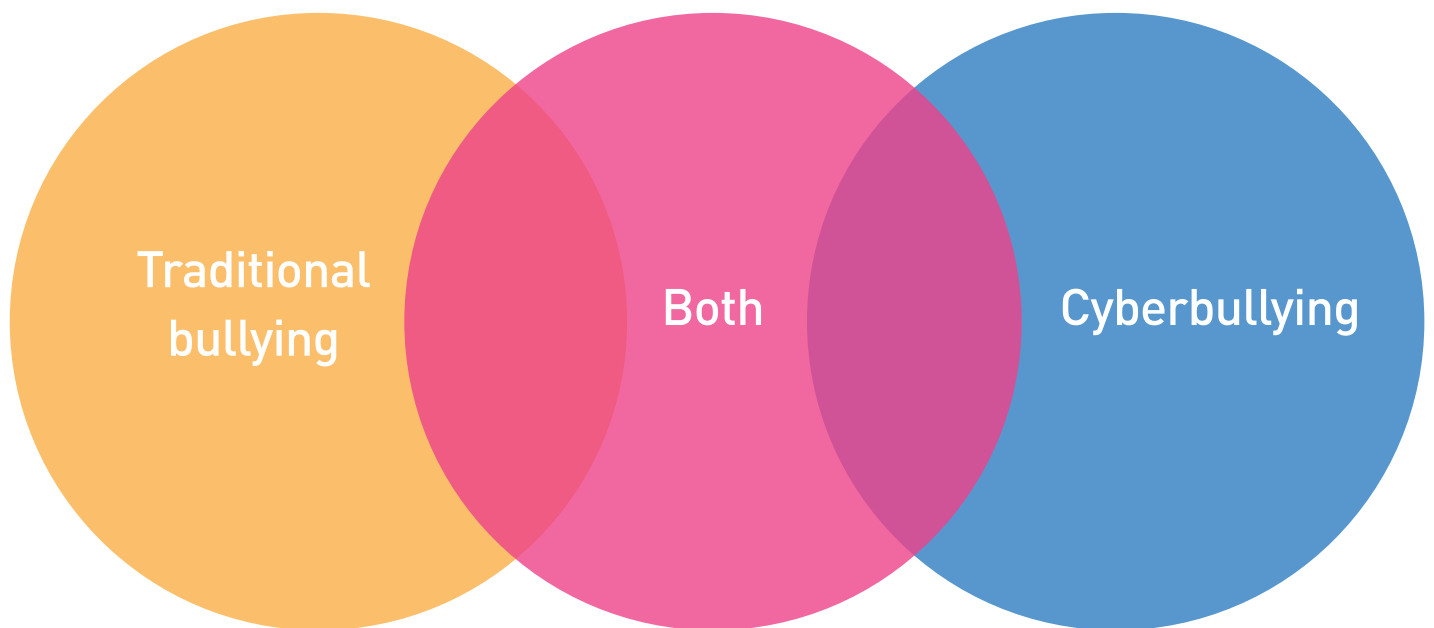
OBJECTIVE

To know some of the similarities between traditional bullying and cyberbullying.

To know some of the differences between traditional bullying and cyberbullying.

OUTCOME

To understand that cyberbullying has dangerous effects separate to those of traditional bullying.

1. Traditional bullying? Cyberbullying? Or both?

Traditional bullying

Both

Cyberbullying

1. LACK OF ADULT MONITORING

2. FACE-TO-FACE

3. ONLY ONLOOKERS CAN SEE

4. MAINLY OCCURS ON SCHOOL PROPERTY

5. CAN CAUSE SAD FEELINGS

6. CAN OCCUR AT ANY TIME OR PLACE

7. ANONYMOUS

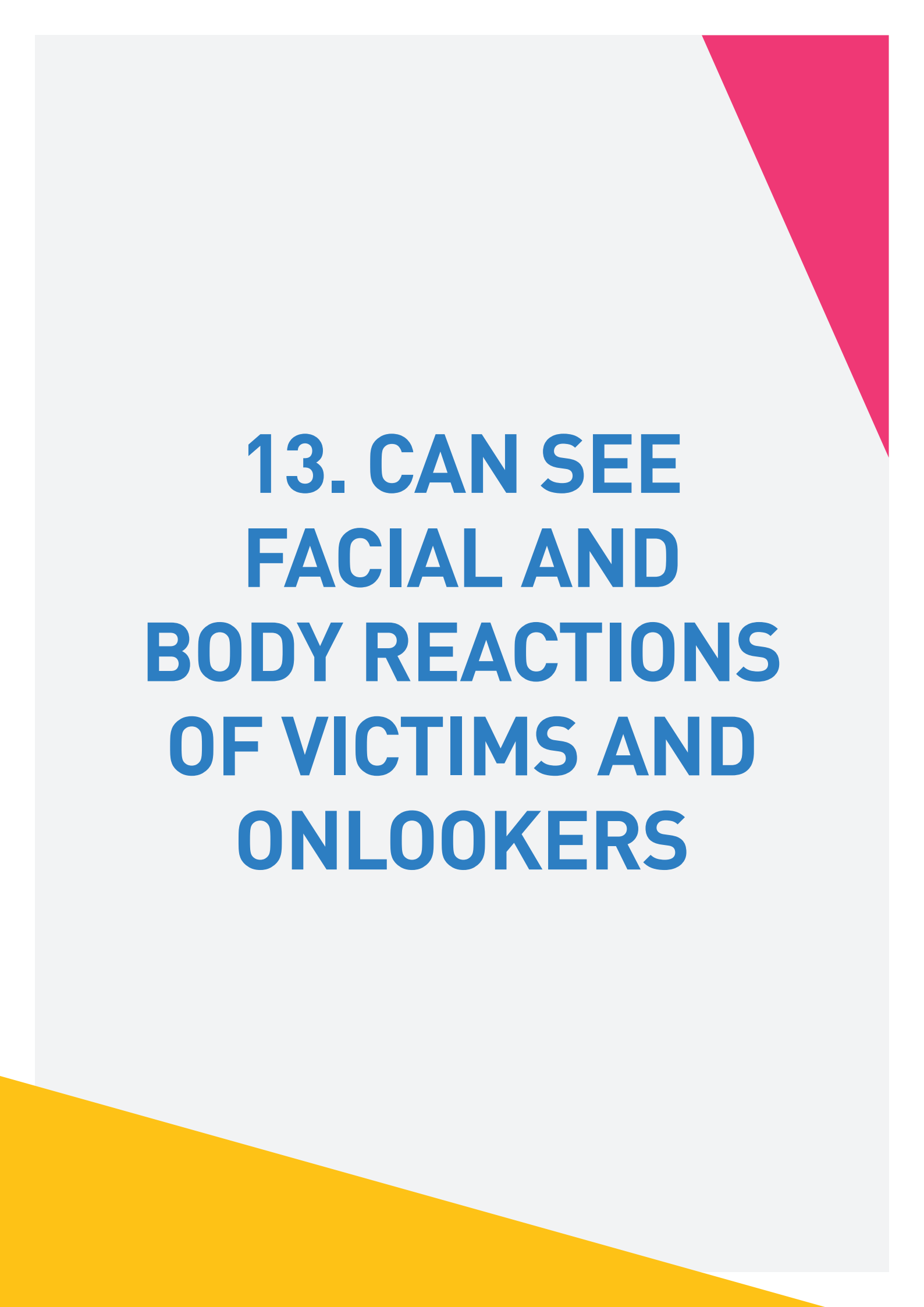# 8. BULLY CAN BE IDENTIFIED

9. NO SAFE PLACE TO HIDE

10. EITHER LONG TERM OR SHORT TERM

11. SHARED WITH A WIDE AUDIENCE

12. VICTIM CAN BE THE BULLY

13. CAN SEE FACIAL AND BODY REACTIONS OF VICTIMS AND ONLOOKERS

14. VICTIMS AND/OR CYBERBULLIES CANNOT BE SEEN

POSSIBLE ANSWERS

TRADITIONAL BULLYING	BOTH	CYBERBULLYING
Face-to-face	Lack of adult monitoring	Anonymous
Mainly occurs on school property	Can cause sad feelings	Can occur at any time or place
Bully can be identified	Either long term or short term	Shared with a wide audience
Only onlookers can see	Victims can become the bully	Victims and/or cyberbullies cannot be seen
Can see facial and body reactions of victims and onlookers		No safe place to hide

A comparison between traditional bullying and cyberbullying

OBJECTIVE

To be aware of the characteristics of traditional bullying and cyberbullying.
To be aware of the characteristics that differ between traditional bullying and cyberbullying

OUTCOME

To understand that cyberbullying has dangerous effects different to those of traditional bullying.

MATERIALS

A copy of slide 3 (Venn diagram) for each work group, paper, pens.

INSTRUCTIONS

1. Introduce the exercise to the class, and present the objectives and outcome.

2. Arrange everyone into pairs and present each pair with the Venn diagram (slide 3) and individual cutouts of the characteristics (slides 4-17).

3. Ask them to think of similarities and differences between traditional bullying and cyberbullying, and to sort them into the appropriate section of the Venn diagram: 1.) Traditional bullying, 2.) Cyberbullying, 3.) Both.

4. Go through their answers and discuss. You can see slide 18 for possible answers.

5. End the exercise by explaining to everyone that there are many similarities and differences between traditional bullying and cyberbullying, but cyberbullying can have dangerous effects. For example, it can happen at any time and you are likely to not know who is cyberbullying you.

EVALUATION

• Arrange everyone into two groups and get one half to debate that traditional bullying and cyberbullying are the same and the other half to debate that they are different. The debate can be about 5-10 minutes in duration.

NOTES

• Everyone can also work individually for the activity.

• Each person can draw out the Venn diagram instead of being given a copy of slide 3.