



**THE CYBERSMILE FOUNDATION**

**FORMS OF CYBERBULLYING**

**AGES 14-16**

# FORMS OF CYBERBULLYING

## OBJECTIVE

To be aware of the different ways people can be cyberbullied

## OUTCOME

To understand that the more online sites you use, the more you are putting yourself at risk of being cyberbullied

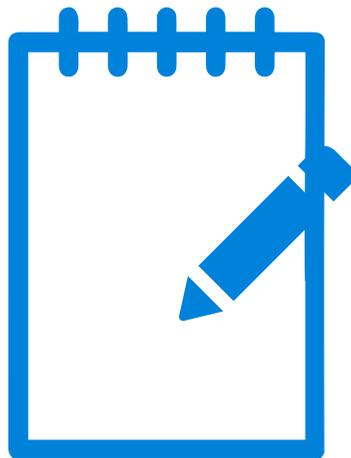
“It is Bob’s 13th birthday today. He is now a teenager. He is expecting a lot of ‘Happy Birthday’ messages and is thinking about all the ways people may get in touch with him so he can read/ listen to his messages throughout the day and thank the people in return.”

# POTENTIAL ANSWERS

FACEBOOK

COMPUTER

TWITTER



PHONE

(Call, Text, Voicemail)

IPAD

SNAPCHAT

INSTAGRAM



THE CYBERSMILE FOUNDATION



HOW CAN YOU HELP

THE CYBERSMILE FOUNDATION?

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# FORMS OF CYBERBULLYING

14-16 YRS

15 MINS

## OBJECTIVE

To be aware of the different ways that a person can be bullied

## OUTCOME

To Appreciate that there are many ways that cyberbullying can occur

## MATERIALS

A copy of the story below ( also on the accompanying slides ), pens and paper

## INSTRUCTIONS

1 - Introduce the exercise to the children, and present the objectives and outcomes

2 - Explain there are lots of ways that a cyberbully can bully someone

3 - Present the following story:

*"It is Bob's 13th birthday today. He is now a teenager. He is expecting a lot of 'Happy Birthday' messages and is thinking about all the ways people may get in touch with him so he can read/listen to his messages throughout the day and thank the people in return."*

4 - Ask the children to write down all of the different ways Bob could be contacted. Encourage them to be specific in their answers such as to write the names of websites and social networking sites.

5 - Discuss the answers that the children have written

6 - Ask the children what they mainly use the internet/phones for and discuss any experiences they may have had with cyberbullying and how it made them feel (be sensitive about the child's comfort in doing this)

7 - End the exercise by saying to the children that the aim of this exercise is not to put them off playing games online, having access to lots of sites etc, but that it is important to be careful when using these

## EVALUATION

- Ask the children to list/say aloud as many other websites/mediums they can think of through which cyberbullying can occur
- Be sure to mention other common forms of cyberbullying that may not have been stated, e.g. email, chat rooms

## NOTES

- When presenting the story and answers, you can either read these out or use the accompanying slides to show them to the children